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A little place I know

Angela Hartnett
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Restaurant Nathan Outlaw

The Marina Villa Hotel, Esplanade, Fowey, Cornwall, 01726 833315

Various chefs kept recommending this place to me, so I went earlier this year. The cooking is very accomplished, with a modern, often unexpected twist, such as a lovely salad with deep-fried lamb's tongue, or an inventive spin on lemon meringue pie. Sometimes you hear about amazing restaurants and the reality is disappointing. Not here.

The Blue Lion

East Witton, Nr Leyburn, Yorkshire, 01969 624273

A lovely old pub with fantastic food: traditional British cooking, with a great feeling of generosity. The ideal Sunday lunch pub, really. It has rooms, too, so you can make a weekend of it.

Crooked Billet

2 Westbook End, Newton Longville, Milton Keynes, Bucks, 01908 373936

I'll come clean: this place - more a lovely restaurant in a pub than a gastropub - is run by friends. Emma, the chef, can really cook: she does great roasts, risottos, fantastic salads. Her husband, John, looks after the bar. His wine list is amazing; there must be 40, 50, maybe more, by the glass, so you can match each course with a different one.

E Pellicci

332 Bethnal Green Road, London E2, 020-7739 4873

This art deco cafe has been going for generations. It's run by an Italian family who are very subtle up-sellers - ask for scrambled eggs on toast, and they'll ask if you want mushrooms with that, or tomatoes, and you end up ordering a huge breakfast. The lasagne and the chips are great, too.

Ramus Seafood Emporium

Kings Road, Harrogate, Yorkshire, 01423 563271

A friend took me here. The fish and seafood are very high-quality, and amazingly cheap compared with London - and I loved the fact that they sell lots of deli-type things from local cottage industries.

Gazzano's

167-169 Farringdon Road, London EC1, 020-7837 1586

The modern exterior's deceptive; this deli has been around for a good while. They make the most delicious grilled ciabatta sandwiches, and the produce on sale - fantastic basil,